



Dr. Maria Maricich, D.C.  
Chiropractic Healing Arts

### PATIENT INFORMATION

Date \_\_\_\_\_  Married  Single  Divorced  Widowed  
 Name \_\_\_\_\_ What name do you prefer to be called? \_\_\_\_\_  
 Address \_\_\_\_\_ Whom may we thank for referring you? \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_  
 Home Phone \_\_\_\_\_ SS# \_\_\_\_\_ May we add you to our email newsletter? Yes No  
 Birth Date \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Sex \_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ Do you have children \_\_\_\_\_ Ages \_\_\_\_\_

Who is responsible for your bill:

Myself  Health Insurance  Workers' Comp.  Auto Insurance  Medicare

Previous chiropractic care:  None  Doctor's name & approximate date of last visit \_\_\_\_\_

Previous or other Wellness Doctor:  None  Doctor's name & date of last visit \_\_\_\_\_

### CURRENT HEALTH CONDITION

Unwanted Health Condition: \_\_\_\_\_

When did the symptoms first appear? \_\_\_\_\_

[Mark your areas of concern on figure]

Has this condition occurred before?  Yes  No

How often do you experience the symptoms?

Constant 100%  Frequent 75%  
 Intermittent 50%  Occasional 25%  Rare 10%

What makes the symptoms worse? \_\_\_\_\_

What relieves the symptoms? \_\_\_\_\_

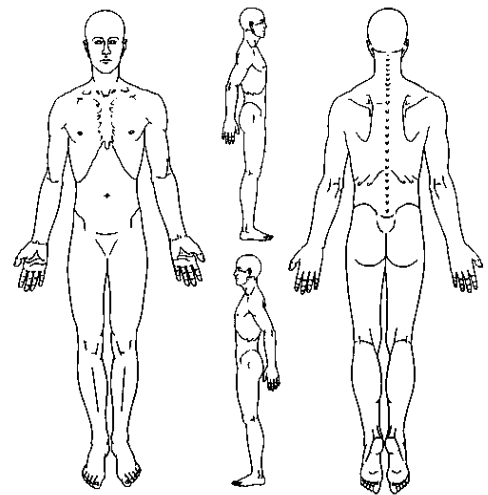
How would you describe the pain?

Sharp  Dull  Aching  Burning  Numb  
 Throbbing  Radiating  Deep  Other \_\_\_\_\_

Rate the pain on a scale of 1-10 (10 being unbearable pain):

Right Now 1---2---3---4---5---6---7---8---9---10

At Its Worst 1---2---3---4---5---6---7---8---9---10



Other Doctors Seen For This Condition:  Yes  No Who? \_\_\_\_\_

Type of treatment? \_\_\_\_\_ Results? \_\_\_\_\_

Do you have any other health concerns (even if seems unrelated to chiropractic)?

\_\_\_\_\_

What medical or lab test have you have done in the last 3 years? \_\_\_\_\_

\_\_\_\_\_

**DO YOU EXPERIENCE ANY OF THE FOLLOWING**

- |  |   |   |                                       |  |
|--|---|---|---------------------------------------|--|
| <input type="checkbox"/> Headaches         | <input type="checkbox"/> Digestive trouble  | <input type="checkbox"/> Tension        | <input type="checkbox"/> Depression   | <input type="checkbox"/> Fatigue           |
| <input type="checkbox"/> Light bothers eye | <input type="checkbox"/> Numbness           | <input type="checkbox"/> Anxiety        | <input type="checkbox"/> Chronic pain | <input type="checkbox"/> Allergies         |
| <input type="checkbox"/> Irritability      | <input type="checkbox"/> Chronic ill health | <input type="checkbox"/> Loss of memory | <input type="checkbox"/> Low immunity | <input type="checkbox"/> Sleeping problems |

**CHECK ANY YOU HAVE HAD IN THE PAST 6 MONTHS**

**Musculoskeletal Code**

- General Stiffness
- General Weakness
- Swollen/achy Joints
- Spinal Curvature
- Neck Pain
- Arm Pain
- Pain Between Shoulders
- Low Back Pain
- Foot Trouble
- Jaw Problems

**Nervous System Code**

- Nervous
- Clumsy
- Dizziness
- Forgetfulness
- Depression
- Cold/Tingling Extremities
- Stress
- Twitching
- Can't concentrate
- Difficulty with speech
- Can't remember words

**General Code**

- Weight Loss/gain
- Hormone issues
- Thyroid Problems
- Head Injury
- Need caffeine to function
- High/low blood sugar
- Lack of Saliva
- Hot/cold
- Arthritis
- Anemia
- Skin condition

**Gastrointestinal Code**

- Gas/Bloating/Belching
- Abdominal Cramps
- Heartburn/acid reflux
- Poor/Excessive Appetite
- Excessive Thirst
- Candida
- Nausea
- Diarrhea
- Constipation
- Gall Bladder Problems
- Black/Bloody Stools
- Colitis/ IBS

**C-V-R Code**

- Chest Pain
- Shortnes Breath
- High Blood Pressure
- Low Blood Pressure
- Irregular Heartbeat
- Heart Problems
- Lung Problems
- Varicose Veins
- Ankle Swelling
- Stroke
- Pneumonia
- High Cholesterol

**Immune System Code**

- Feeling feverish
- Sore throat
- Stuffed Nose
- Frequent Colds
- Sinus Trouble
- Hoarseness
- Asthma
- Achy joints

**Genitourinary Code**

- Bladder Trouble
- Painful/Excessive Urine
- Frequent Urination
- Difficult Urination

**For Women Only**

- Cramps
- Irregular Cycle
- Painful Periods
- PMS
- Pregnant (now)
- Infertility
- Heavy bleeding
- Fibroids
- Peri-menopause
- Menopause

Other \_\_\_\_\_

**HEALTH HABITS**

*Exercise/Sports/Hobbies:*

- 1)Type \_\_\_\_\_ Frequency \_\_\_\_\_      2)Type \_\_\_\_\_ Frequency \_\_\_\_\_  
 3)Type \_\_\_\_\_ Frequency \_\_\_\_\_      4)Type \_\_\_\_\_ Frequency \_\_\_\_\_

*Sleep:* Hours/night \_\_\_\_ Sleep quality \_\_\_\_\_ Do you sleep on your: Back Side Stomach

*Smoking/Drinking/Diet:* (how much and how often)

Tea/Coffee \_\_\_\_\_ Liquor/Beer \_\_\_\_\_ Cigarettes/Tobacco \_\_\_\_\_

**FAMILY HISTORY**

Family Members - Present and past health conditions (Example: heart disease, cancer, diabetes, arthritis, etc.)

**PAST HEALTH HISTORY**

**Please list ALL surgeries, hospitalizations, fractures/dislocations you have had**

Type \_\_\_\_\_ When \_\_\_\_\_

Type \_\_\_\_\_ When \_\_\_\_\_

Type \_\_\_\_\_ When \_\_\_\_\_

**Please list ALL previous accidents and falls emotional traumas (not listed above)**

What \_\_\_\_\_ When \_\_\_\_\_

What \_\_\_\_\_ When \_\_\_\_\_

What \_\_\_\_\_ When \_\_\_\_\_

**Please list ALL medications and/or vitamins you take**

Name \_\_\_\_\_ For What \_\_\_\_\_ Name \_\_\_\_\_ For What \_\_\_\_\_

Name \_\_\_\_\_ For What \_\_\_\_\_ Name \_\_\_\_\_ For What \_\_\_\_\_

Name \_\_\_\_\_ For What \_\_\_\_\_ Name \_\_\_\_\_ For What \_\_\_\_\_

Most patients that come to our office have one of two objectives in mind concerning their health care. Some patients come for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). The doctor will weigh your needs and desires when recommending your treatment program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

**Relief Care**

Relief Care is that care necessary to get rid of your symptoms or pain, but not the cause of it. It is the same as drying a floor that was getting wet from a leak, but not fixing the leak.

**Corrective Care**

Corrective Care differs from relief care in that its goal is to get rid of the symptoms or pain while correcting the cause of the problem. Corrective care varies in length of time, but is more lasting.

Check here if you want the doctor to select the type of care appropriate for your condition.

**METHOD OF PAYMENT**

Cash

Check

Credit/Debit (Visa/ MC)

Office policy requires payment in full for all services rendered at the time of visit, unless other arrangements have been made. If insurance benefits are verified, I authorize release of my records to my insurance company.

I understand that the services provided by Quantum Healing Arts are intended to enhance my wellbeing. I understand the practitioners work with the body's ability to heal itself and do not diagnose or treat disease. I understand these methods are not a substitute for medicine.

Signature \_\_\_\_\_

Date \_\_\_\_\_